



# BOOVAL CATHOLIC PARISH



† Sacred Heart Church, Cothill Rd, Booval † Our Lady of Perpetual Help Church, 10 Old Ipswich Rd, Riverview  
Sacred Heart Primary School, 25 Cothill Rd, Booval St Peter Claver Secondary College, 10 Old Ipswich Rd, Riverview

### Parish Priest

Fr Thomas Varkey MCBS  
varkeyt@bne.catholic.net.au

### Pastoral Ministry Co-ordinator & Safeguarding Officer

Mrs Donna Conway  
pmc.booval@bne.catholic.net.au

### Parish Secretary

Mrs Cathy Peacock

### Chairperson - Pastoral Council

Mr Mike Wilkinson

### Chairperson - Finance Board

Mr Ben Sotiriadis

### Liturgy Co-Ordinator

Mrs Margaret Kane

### School Principals

Sacred Heart School - Mr Chris Thomas  
St Peter Claver College - Mr Terry Finan

### Outside School Hours Care Co-Ordinator

Mrs Linda Caplin

Office Hours: Monday-Friday: 8.30am-4.30pm

Ph: 3282 1888 Fax: 3282 5702

Email: booval@bne.catholic.net.au

Web: <http://www.boovalcatholicparish.org.au>

### Weekly Diary

#### Monday 8th March

9.00am Mass

#### Tuesday 9th March

**NO** Mass

#### Wednesday 10th March

5.30pm Rosary

6.00pm Mass

#### Thursday 11th March

9.00am Mass

#### Friday 12th March

9.00am Mass

#### Saturday 13th March

5.00pm Vigil Mass - Booval

#### Sunday 14th March

Fourth Sunday of Lent

6.30am Rosary - Riverview

7.00am Mass - Riverview

9.00am Mass - Booval

5.00pm Mass - Booval

Marriages by appointment - at least six months notice is required.

Baptisms by appointment.

## THIRD SUNDAY OF LENT - YEAR B

7th March, 2021

### FASTING and ABSTINENCE DURING LENT

**FASTING & ABSTINENCE** *Ash Wednesday and Good Friday are days of fast and abstinence\*. The law of fasting applies to people from 18 to 59 years old. Every-one aged 14 years and older is bound by the law of abstinence from meat...*

*The practice of fasting was recommended by Christ, both by example and by teaching.... In current Catholic practice, fasting means having only one full meal on a day. Smaller quantities of food may be eaten at two other meals but no food should be consumed at any other time during the day.... Abstinence is the practice of abstaining from the use of certain kinds of food. Catholics were once well known for their practice of abstaining from meat on Fridays....*

*After the Second Vatican Council the often complicated rules concerning fasting and abstinence were simplified while the continuing need for such practices was re-emphasised. The use of other forms of penance, particularly works of charity or piety, was also encouraged. The present laws took effect in 1966. The purpose of fasting and abstinence is not to punish but to teach us a detachment from what-ever may keep us from God. The season of Lent is our annual invitation to grow in awareness of our spiritual hungers.... The sixth-century Rule of Benedict still holds true: "During these days of Lent .... let us all deny ourselves some food, drink, sleep, needless talking and idle jesting, and look forward to holy Easter with joy and spiritual longing" (Chapter 49).*

(For full article visit <https://www.liturgybrisbane.net.au/resources/liturgy-lines/days-of-fastand-abstinence/>)

\*as laid down in the Complementary Legislation for Australia enacted by the Australian Catholic Bishops Conference, namely:

**Days of Penance** (Canons 1251, 1253) *Abstinence for meat, and fasting, are to be observed on Ash Wednesday and Good Friday. On all other Fridays of the year the law of the common practice of penance is fulfilled by performing any one of the following:*

(a) *prayer – as for example, mass attendance; family prayer; a visit to a church or chapel; reading the Bible; making the stations of the cross; praying the rosary; or in other ways;*

(b) *self-denial – v.g. not eating meat; not eating sweets or dessert; giving up entertainment to spend time with the family; limiting food and drink so as to give to the poor of one's own country and elsewhere; or in other ways;*

(c) *helping others – v.g. special attention to someone who is poor, sick, elderly, lonely or overburdened, or in other ways.*

ACR LXII, 4, October 1985

### LENTEN ADORATION DAY

This Friday 12th March



9am

10am-11am

11am-12pm

12pm-1pm

1pm-2pm

2pm-3pm

3pm-4pm

4pm-5pm

5pm

Mass

Common Adoration, Personal Prayer, Rosary

Stations of the Cross, Spiritual Reflections

Angelus, Intercessory Prayers, Adoration

Silent Adoration

Rosary, Adoration & Reconciliation

Divine Mercy Chaplet, Adoration

Adoration by CCR Brisbane

Benediction

## DIARY DATES

Tuesday	9 March	9.30am	Craft Group
Wednesday	10 Mar.	7.00pm	Finance Committee meeting
Thursday	11 Mar.	4.30pm	St Vincent de Paul meeting

The **St. Vincent de Paul Society Booval-Riverview Conference** urgently needs new members to assist people in need. If you join us you will have the opportunity to make a difference by providing immediate assistance to those in crisis situations and more importantly, you will help many of them achieve the dignity of self-reliance. The only qualifications required are compassion, a non-judgemental attitude and a willingness to give of your time and talents for the most vulnerable in our community. Training and mentoring will be provided and you will enjoy the support and camaraderie of current members. If you would like to know more, please call Anne Ryan 0412 362 876 or email [sh4304@svdpqld.org.au](mailto:sh4304@svdpqld.org.au) or come along to our meeting on Thursday 4.30pm at the parish centre. We look forward to answering any questions you may have and welcoming you to the Society.



**CALLING ALL READERS** Please join us for refresher training in the church this **Monday 8<sup>th</sup> March at 6.30pm**. We would like all readers to attend please. If you have been thinking about joining the reading ministry, please join us.

### SACRAMENTAL PREPARATION

**PENANCE** We begin our workshops this week on **Tuesday 9<sup>th</sup> March at 6pm**

**EUCARIST** Parent Formation Evenings this week – either **Wednesday 10<sup>th</sup> or Thursday 11<sup>th</sup> at 6.30pm**  
Looking forward to seeing you all this week.

**ALTAR SERVER REFRESHER** If you are a current altar server, please come to a refresher training on **Thursday 18 March at 3.15pm** at Sacred Heart Church. It will be great to brush off the COVID cobwebs and refresh our skills at serving. Any questions please call Donna 3282 1888.



## STRATEGIC PASTORAL PLAN

Recently an email was sent out to those on our mailing list asking for input into the Parish Strategic Plan. For those who didn't receive the plan, copies are available at the doors of both churches. We would welcome any feedback that you are able to give on this plan. You can either email your comments, drop it into the collection box or at the Parish Centre. Below are some points that might be helpful for you -

- \* Do the values resonate with you as a parish member?
- \* What ministry are you interested in helping or supporting and are able to help with?
- \* Which of these areas are you particularly interested in?
- \* Are there any other comments you would like to make?



**CHOIR PRACTICE FOR EASTER** will be held this **Monday 8<sup>th</sup> March** commencing at 3.15pm in Sacred Heart Church. You are most welcome to come along and join in.

The **Catholic Leader March 2021 newspaper is now available for \$4.**



This month's issue explores the theme of evangelisation, and includes:

- Editorial: How journalists evangelise
- Evangelisation in the Archdiocese of Brisbane
- Archbishop Mark Coleridge's monthly column
- Family and friends honour young woman who died at 19
- Meet Matt Hayden's evangelisation coach
- Senior Living Advertising Feature



**"You shall not carve idols for yourselves in the shape of anything..." - Exodus 20:4**

How many "gods" do you put before God? "Idols" do not always take the shape of physical things, things we can touch and feel. Those are easy to recognize. Many times they take the form of things we cannot touch and are much harder to spot like pride, power, ego, time, comfort or health. Pray for God's help to prune our vices and to grow in virtue.



## Third Sunday of Lent 7th March 2021



Oliva, 22, could not read, write or count, and her business was losing money. Then she attended Caritas Australia-supported literacy and numeracy classes, and set up a home classroom to teach her neighbours. Now her classes, business and family are thriving, and she aims to become a pastor and run for local leadership.

**Please donate to Project Compassion 2021 and support people like Oliva's gain access to education to build a brighter future and live in communities that upholds everyone's dignity.**

You can donate through Parish boxes and envelopes, by visiting [www.caritas.org.au/projectcompassion](http://www.caritas.org.au/projectcompassion) or phoning 1800 024 413.

**PLEASE PRAY FOR THOSE WHOM WE REMEMBER:** Monica Missingham, Bob Cole, Dorothy Walsh, Donna Gabriel, Tracie Files, Rita Vanderbyl, Tom Brown, Bernie Kinnane, Chris Garton Ken Adkins, Frank Van Gestel, Lorraine Murphy, David Samson, Jack & Eileen McMahon, Bob, John & Mark Skippington, Thomas Boyle, Margery Boyle, Ellie & Ossie Cody, Rob Kane, Mike Cody, Helen Cody, Roy Folan, Alfred & Stella Grech, Moira Murphy, Melinda & Arthur Murphy, Bernice & Clement Goan, Arthur, Brian & Dane Bracey, Grahame Coultas.



**LET US PRAY** for those who are sick or recovering from surgery: Neville Schostakowski, Jacqueline Diaz (Melanie's daughter), Elenor Tedenborg, Declan Simmonato, Marie Noon, Irina Coady, Kathy Harding, Rebecca Smith, Fr John Scarrott, Grace Thompson, "Special Intention", Lilian Morrison, Joana Ambrad-Isip, Ceicy Spillane (Evie's mum), Rod Perry (brother of Joan Jones), Joyce Samson, Josephine Smith, Jac Chave, Dolores Morgan, Desolie King, Graeme Peters, Trish Rowlands, Rae Clark, Jill Wright, 2 Special Intentions, Kath Cole, Eileen Adkins, Erin, Benjamin Palmer (Chris' Garton's Grandson), Hannah Smith, Julia Telford, Karen Purdie.

We also include in our prayers all the aged and sick to whom we take Communion.

We pray for the safety and good judgement of those serving in our defence forces overseas.

(Please contact us when you feel that it is appropriate to remove the name of your friend or loved one from our Parish Prayer List)

**BOOK OF REMEMBRANCE ANNIVERSARIES** 7 March - 13 March

Max Pennefather, Simon Siemensma, Michael Bugler, Wendy Cowie, Geoffrey Holzberger, Leo Wyatt, Peter Boyle, Sr Benedictus, William Hunter, Scott Illingworth, Molly-Anne McKenzie, John Malone, Veronica O'Grady, Sheila Swift, Karel Adolfsen, Bill Scott, Paul Sullivan, Gerald Nolan, Elizabeth Lane, Morgan Tierney, Roy Waterson, Mark Lynam, Clem England, William & Ellen Noon, Desmond Wight.

**NEXT WEEK'S LITURGY - GROUP 2**

YEAR B - Fourth Sunday of Lent

1st Reading: 2 Chr 36:14-16, 19-23

2nd Reading: Eph 2:4-10

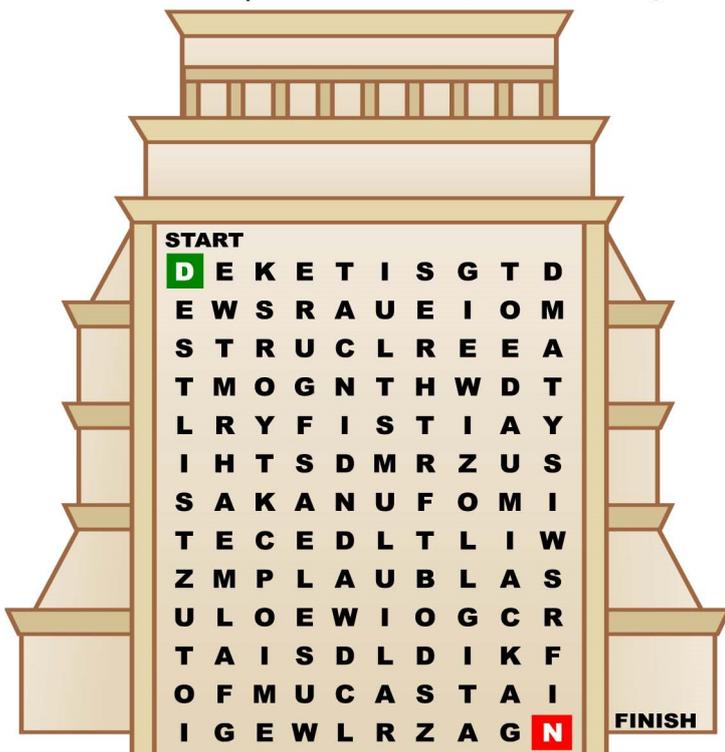
Gospel: John 3:14-21

12/13 March	5.00pm Vigil	7.00am - Riverview	9.00am	5.00pm
<b>READERS</b>	Katherine Toohill Ryan Prenzler James Prenzler	Stellina Manutai Lucky Lakha Misi So'onolote	Angela Ryan Anne Ryan ---	Karen Sotiriadis Kate Sotiriadis ---
<b>CHURCH CLEANING</b>	Toetau Family			

## Children's Section

### COMPLETE THE TEXT MAZE

"Destroy this temple and in three days I will build it again"

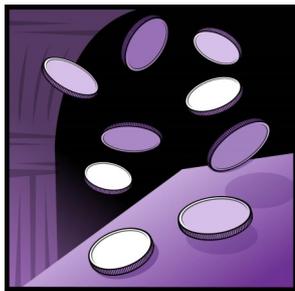


There are times when things make us angry; even Jesus got angry and upset sometimes. But there are good and bad ways of dealing with anger. Complete the statements below by using words and/or pictures.

**When I'm angry I sometimes do the wrong thing by...**

**When I'm angry I can do the right thing by...**

# Liturgical Music for the Third Sunday of Lent



## ENTRANCE HYMN

### I Heard the Voice of Jesus Say

I heard the voice of Jesus say,  
'Come unto me and rest;  
Lay down, thou weary one,  
Lay down thy head upon my breast'.  
I came to Jesus, as I was,  
Weary and worn and sad;  
I found in him a resting place,  
And he has made me glad.

I heard the voice of Jesus say,  
'Behold, I freely give  
The living water; thirsty one,  
Stoop down and drink, and live'.  
I came to Jesus, and I drank  
Of that life-giving stream;  
My thirst was quenched, my soul revived,  
And now I live in him.

Text: Horatius Bonar, 1808-1889. Music: traditional English melody, arr. by Ralph Vaughn Williams 1872-1958. Music © Oxford University Press. London.

**(Please remain standing)**

### FIRST PENITENTIAL RITE: Confiteor [spoken]

I confess to Almighty God, and to you,  
My brothers and sisters, that I have  
greatly sinned in my thoughts and in my  
words, in what I have done and in what I  
have failed to do,  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints, and you, my  
brothers and sisters, to pray for me to the  
Lord our God.

Kyrie, Kyrie, eleison. (Twice)  
Christe, Christe, eleison. (Twice)  
Kyrie, Kyrie, eleison. (Twice)

## PSALM RESPONSE Psalm 18

**Lord, you have the words of everlasting life, of everlasting life.**

© Gerard O'Dempsey ofmcap.

## GOSPEL ACCLAMATION:

**Praise to you Lord Jesus Christ,  
King of endless of glory**

© Gerard O'Dempsey ofmcap.

## APOSTLES' CREED

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son,  
our Lord, who was conceived by  
the Holy Spirit, born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again  
from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the  
Father almighty; from there he will come to  
judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

## OFFERTORY Quiet Music

### HOLY, HOLY [Sung]

© Gerard O'Dempsey ofmcap.

### ACCLAMATION [Sung]

When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.

© Gerard O'Dempsey ofmcap.

### AMEN [Sung]

© Gerard O'Dempsey ofmcap.

### LORD'S PRAYER [Sung]

### LAMB OF GOD [Sung]

© Gerard O'Dempsey ofmcap.

Mass Parts: Excerpts from the Roman Missal © 2010 ICEL

## COMMUNION

### When We Eat This Bread

**When we eat this bread.  
When we drink this cup  
We proclaim your death Lord Jesus  
Until you come in glory.**

Come unto Me all who are weary,  
I will give you rest.

I am the light of the world.  
All who follow me will have the light of life.

I am the bread of life. I am the resurrection  
I will be your strength.

© Gerard O'Dempsey ofmcap.

## RECESSIONAL

### We Are Called

Come! Live in the light!  
Shine with the joy and the love of the Lord!  
We are called to be light for the kingdom  
to live in the freedom of the city of God.

**We are called to act with justice,  
We are called to love tenderly,  
We are called to serve one another;  
To walk humbly with God!**

Come! Open your heart!  
Show your mercy to all those in fear!  
We are called to be hope for the hopeless  
So all hatred and blindness will be no more!

Sing! Sing a new song!  
Sing of that great day when all will be one!  
God will reign, and we'll walk with each other  
as sisters and brothers united in love!

By D. Haas © 1988 - GIA Publications.